



Speaker, Author, and Resilience Expert

Be Inspired 
Be Encouraged

"I almost gave up hope. I nearly succumbed to a life far below my potential. But I pushed through a life-changing theater accident that left me paralyzed from the chest down and created a vibrant, fulfilling life.

I am a survivor, a believer, and a fighter.

Since my accident at the age of 16, I've dedicated my life to helping people navigate struggles. I've poured every ounce of my pain and joy into this mission. I travel across the country, imparting my message of hope and resilience. I inspire and challenge my listeners to overcome and persevere, no matter what life throws at them."

-Tasha Schuh

Come out & Join Us!



Building Resilience for Mental & Emotional Health



Tasha will be sharing her message,
The Power of PATH.

tashaschuh.com