



Speaker, Author, and Resilience Expert

Survivor, believer, fighter – Tasha Schuh is an inspiration and hope for all who face life’s challenges. Tasha’s life changed dramatically when she was 16 years old; she was in a theater accident that left her paralyzed from the chest down. Today she has accomplished more than she could have ever dreamed. She has received numerous awards including The National Rehabilitation Champion Award and The Hometown Hero Award. In addition to authoring the books *My Last Step Backward* and *My Next Move Forward*, she also founded The Power of PATH Program which serves to expand Tasha’s message, as well as educates middle and high school students about mental health and resilience. Tasha travels and shares her story of resilience and triumph over tragedy at schools, conferences, and organizations. Tasha resides with her husband Doug in Ellsworth, Wisconsin.